

**The Performance
Management
Resources, LLC
Mission:**

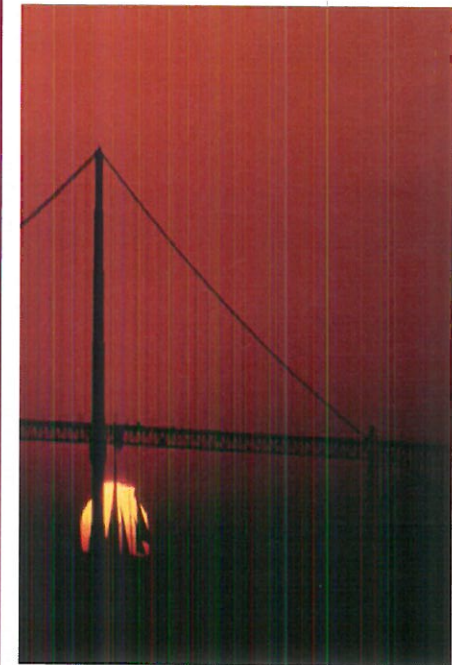
To serve our client companies by helping to keep their work force productive and on the job. To help employees and their dependents resolve stress, grief, emotional, marital, family, drug/alcohol and all other problems that affect their well being. To decrease cost associated with excessive absenteeism, sick leave, medical claims, turnover and accidents. To aid supervisors and managers in dealing with troubled or problem employees.



Employee Assistance Program

*Empowering Businesses by
Empowering People*

Performance
Management
Resources, LLC



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What is an EAP?

An EAP is a company sponsored benefit designed to help



employees and their families address problems that can compromise personal satisfaction and, occasionally, job performance. An EAP provides you and your family mem-

bers with a professional and confidential resource. *Performance Management Counselors* are fully licensed professionals who have the clinical training and experience to help you and members of your family. Our counselors are selected for their practical, active approach to counseling so that your issues can be rapidly and effectively resolved.

Employee Assistance

Program Services

Sometimes, we all encounter problems which can feel overwhelming. Examples may include:

- ☒ Stress from marital difficulties , separation or divorce.
- ☒ Pressure from work or career
- ☒ The death of someone close
- ☒ Alcohol or drug problems of you or a family member
- ☒ Difficult periods in your relationship with others
- ☒ Information about legal or financial services in your community

It's Confidential

Per state and federal law, your use of the EAP is confidential. No information will be shared with anyone without your written permission.

Its Free and Informal

There is no charge to you or your family members for initial evaluation and brief counseling. If your problem goes beyond the scope of our program, you will be referred to resources that are covered by your insurance or based on ability to pay.

Empowering Businesses by Empowering People.

Life's challenges at home and work seem to get more and more complex. We help you work on problems before they become critical so you don't have to face those challenges alone. Our counselors can help you develop a new understanding of the problem, and help you to work through the issue.

Call
912-692-0988
Or Toll Free at
888-886-7988